



Show Me Strong
RECOVERY PLAN

for
CHRISTIAN COUNTY

**A PLAYBOOK FOR REOPENING YOUR
BUSINESS IN THE AGE OF COVID-19**



PREFACE

Our citizens have done a tremendous job in ensuring the health and safety of those around them and we want to see that continue as we return to some normalcy. Christian County is full of hard-working and self-sacrificing residents that show just how much they Love their community everyday, and we implore them to continue with following CDC guidelines and social distancing so that we can continue moving forward rather than backwards.

Due to the current projected longevity of COVID-19, and the upcoming soft opening of our state and therefore our community, we strongly advise that CDC guidelines and social distancing be a continuous mantra in the lives of our community members as well as in the operations of our local businesses.

Please be advised that some or all of the information contained in this document may not be applicable to some businesses or places of work and may not include all information necessary for certain businesses and places of work. This document does not attempt to address any health, safety and other work place requirements in place prior to the age of COVID 19. As COVID circumstances continue to evolve, so will the public health and safety recommendations and requirements, and as a result this document may not include all current governmental or health expert requirements and recommendations.

We strongly advise that before implementing any of the practices and procedures contained herein, you carefully evaluate all and consult with your own legal counsel and other advisors regarding the legality, applicability and potential efficacy of this information in your place of business and to determine what if any other recommendations or requirements may apply to your business. Christian County bears no responsibility for any circumstances arising out of, or related to, the adoption, or decision not to adopt, any of the practices or procedures contained in this guide.



Table of Contents

General Guidelines for All Industries:

- ❖ Keeping the Workspace Safe
- ❖ Preparing Your Space

General Business/Other:

- ❖ Fitness Center
- ❖ Dance Studios
- ❖ Entertainment Venue
- ❖ Restaurants
- ❖ Food Service & Bars
- ❖ Places of Worship

Retail Business:

- ❖ General Retail
- ❖ Jewelry
- ❖ Groceries, Gas Stations
- ❖ Offices/Professional Services
- ❖ Pharmacies
- ❖ Real Estate
- ❖ Event Spaces
- ❖ Florist

Personal Care Services:

- ❖ Salon
- ❖ Barbershops
- ❖ Tanning
- ❖ Nail Salons
- ❖ Massage

Medical Services:

- ❖ General
- ❖ Dentistry
- ❖ Optometry
- ❖ Mental Health
- ❖ Holistic Care

General Guidelines for Christian County

When individuals leave their homes or places of residence to work, to access food, health care, necessities, or to engage in other activities, they should at all times practice social distancing.

In accordance with the guidelines from the President, the Centers for Disease Control and Prevention (CDC) and Governor Parsons, every person and business in the State of Missouri shall abide by social distancing requirements, including maintaining six feet (6') of space between individuals. This provision shall not apply to family members or individuals performing job duties that require contact with other people closer than six feet (6'). Individuals performing job duties that require contact with other people closer than six feet (6') should take enhanced precautionary measures to mitigate the risks of contracting or spreading COVID-19. This provision shall apply in all situations, including, but not limited to, when customers are standing in line or individuals are using shared indoor or outdoor spaces.

- ✓ Citizens who feel sick should stay home
 - Continue to practice good hygiene, including:
 - Washing hands with soap and water, or using hand sanitizer, especially after touching frequently used items or surfaces;
 - Avoiding touching your face;
 - Sneezing or coughing into a tissue, or the inside of your elbow; and
 - Disinfecting frequently used items and surfaces as much as possible.
- ✓ Avoid socializing in groups that do not readily allow for appropriate physical distancing (receptions, trade shows, etc.). When in public (parks, outdoor recreation spaces, shopping malls, etc.), individuals should maximize physical distance from others.
- ✓ Minimize travel to the extent possible.
- ✓ Large gatherings of individuals increase the risk of exposure and transmission of COVID-19 and pose a health risk to our community and therefore, gatherings of more than twenty (20) individuals is discouraged.

In accordance with the guidelines from the President, the CDC, the Centers for Medicaid and Medicare Services, and Governor Parsons people shall not visit nursing homes, long-term care facilities, retirement homes, or assisted living homes unless to provide critical assistance or in end-of-life circumstances. Elderly or otherwise vulnerable populations should take enhanced precautionary measures to mitigate the risks of contracting COVID-19.

General Guidelines for Business

- Prepare to implement basic infection prevention measures informed by industry best practices, regarding:
 - Protective equipment
 - Temperature checks;
 - Testing, isolating, and contact tracing; and
 - Sanitation, including disinfection of common and high-traffic areas (entrances, breakrooms, locations where there is high-frequency employee interaction with the public/customers).
- Modify physical workspaces to maximize social distancing.
- Minimize business travel.

Implementing a system where customers can wait inside their vehicles rather than a waiting room is strongly encouraged if possible. If this is not feasible, entities should develop public health and safety measures. Pre-scheduled and spaced out appointments are also encouraged.

Any entity that employs individuals that is engaged in retail/general business and entertainment sales to the public, shall limit the number of individuals in any particular retail location as follows:

(1) Twenty-five (25) percent or less of the entity's authorized fire or building code occupancy, as set by local authorities, for a retail location with square footage of less than ten thousand square feet (10,000 ft²);

(2) Ten (10) percent or less of the entity's authorized fire or building code occupancy, as set by local authorities, for a retail location with square footage of ten thousand square feet (10,000 ft²) or more.

All other entities including places of Worship, Personal Care Services, Entertainment venues, Fitness and Dance Studios, Restaurants, Food Service, Bars, Medical Services and all other businesses not listed under Retail/General limits above shall limit the number of individuals in any particular location to fifty (50) percent or less of the entity's authorized fire or building code occupancy while also maintaining required social distancing as set forth herein.

Large gatherings of individuals increase the risk of exposure and transmission of COVID-19 and pose a health risk to our community and therefore, gatherings of more than twenty (20) individuals is discouraged.

General Recommendations to Protect Employees & Customers

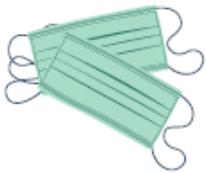
This playbook provides specific measures for business categories listed in the table of contents to aid in a safe, thoughtful reopening. The specific recommendations in each category support the overall goal of opening businesses in a way that protects employees and customers from exposure to COVID-19 and helps prevent the virus's spread. It is also important that businesses take responsibility to insure they have adequate supplies for their employees and customers such as soap, disinfectant, hand sanitizer, paper towels, tissue, face masks, etc.



- Employees who have a fever or are otherwise exhibiting COVID-19 symptoms will not be allowed to work.
- A sign will be posted on the store that individuals who have a fever, cough or any sign of sickness should not enter.
- Employees should avoid touching your eyes, nose and mouth – Do NOT shake hands.
- Employees will be required to take reasonable steps to comply with guidelines on sanitation from the Center for Disease Control and Prevention and the Christian County Health Department.
- Encourage workers to report any safety and health concerns to the employer.



- Practice sensible social distancing, maintaining six feet between co-workers.
- All persons in the store will be required to maintain a social distance of at least six feet between each other. Sales registers must be at least six feet apart.
- When possible, open all non-essential doors to reduce the need for direct contact.
- Stores with higher traffic we recommend marking spaces 6 feet apart at the sales registers and outside the entrance to the store.



- Employees should wear PPE when possible.
- Customers should consider using face coverings while in public.



- Provide a place to wash hands or alcohol-based hand rubs containing at least 60% alcohol.
- Train workers in proper hygiene practices.
- Sanitize any high-traffic areas, such as doorknobs, counters, etc.
- Customers will be required to use hand sanitizer upon entering the store.



- Limit cash handling.
- Encourage customers to use credit/debit cards, tap to pay, Venmo, PayPal or another form of contact-less payment.
- Sanitize point of sale equipment after each use, including pens.
- Provide hand sanitizer and disinfectant wipes at register locations.

Preparing the Work Space

Before reopening, you must sanitize your business to limit the spread of germs to your employees and customers. Keep this process limited to as few people as possible.



Disinfect your business before anyone returns to work. Sanitize and disinfect all areas, giving special attention to tools, workstations and equipment, restrooms, food service areas, common surface areas, phones, computers and other electronics.



Replace HVAC air filters or clean/disinfect existing filters. Increase ventilation by opening windows or adjusting air conditioning.



Put tight controls in place on who enters and exits the site during the cleaning shutdown. Limit the number of workers during this time.

YOUR BUSINESS SHOULD BE 100% DISINFECTED PRIOR TO ANYONE RETURNING TO WORK (OTHER THAN THOSE ASSISTING WITH THE DISINFECTION PROCESS).

DEEP CLEANING

COVID-19 “deep-cleaning” is triggered when an active employee identified as being COVID-19 positive by testing. Sites may opt to have a deep cleaning performed for presumed cases, at their discretion. Identify an approved external company that should carry out the deep cleaning activity; this company must have the minimum requirements of:

- Trained personnel to execute the process of cleaning, disinfection and disposal of hazardous waste
- Proper equipment and PPE to perform the task
- All necessary procedures and local authorizations or permits to perform disinfection services and manage any wastes generated
- Use of approved COVID-19 disinfectant chemicals to perform this activity

Keeping the Work Space Safe



Practice Good Hygiene



Sanitize High Traffic Areas



Limit Business Travel



Stop handshaking; avoid face-touching



Use strong ventilation



Use Videoconferencing



Stay home if you or a family member is sick



Use online transactions



Limit cash-handling



Use booking system to stagger customers



Hold meetings in open spaces



Practice social distancing



Adjust/postpone large gatherings



Communicate COVID-19 plan with staff



Limit food sharing

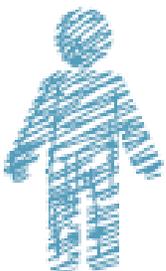
MEDICAL FACILITIES

Medical providers, such as dentists and optometrists, may provide usual services at their discretion. The social distancing requirements do not apply to individuals performing job duties that require contact with other people closer than six feet (6').

Medical providers should develop and implement public health and safety measures for employees and patients, using the above direction as a guide, in addition to any guidance provided by the Centers for Disease Control and Prevention (CDC).

Must limit building occupancy to 50% of authorized fire or building code occupancy limits.

Implementing a system where patients can wait inside their vehicles prior to entering the office is strongly encouraged, as are prescheduled and spaced out appointments to minimize interaction between people.



The social distancing requirements do not apply to individuals performing job duties that require contact with other people closer than six feet (6').



MORE INFORMATION:

Centers for Disease Control and Prevention (CDC).

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

RESTAURANTS & FOOD SERVICE

May restaurants open their dining rooms?

Yes. Restaurants may offer dining-in services, provided that the limitations on social distancing and other precautionary public health measures, including proper spacing of at least six feet (6') between tables

Must limit building occupancy to 50% of authorized fire or building code occupancy limits.

Drive-thru, pickup, delivery options still strongly encouraged.



Restaurants which wish to re-open dining rooms are strongly encouraged to:

- ❖ Regulate self-serve options such as buffets and salad bars.
- ❖ Use disposable menus.
- ❖ Employees wearing personal protective equipment (masks, gloves, eye-protection, etc.)
- ❖ Tables and seating spaced out 6 feet apart. No more than 10 to a table.
- ❖ No communal seating (such as in a food court, where unrelated groups sit at common tables or in areas without sufficient table spacing between groups).

MORE INFORMATION:

Centers for Disease Control and Prevention (CDC).

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>



RETAIL BUSINESSES

Retail and General businesses must limit the number of customers in each location to the following standards based on the building code occupancy.

Business locations with less than 10,000 square feet:

Twenty-five (25) percent or less of the entity's authorized fire or building code occupancy, as set by local authorities

Business locations with more than 10,000 square feet:

Ten (10) percent or less of the entity's authorized fire or building code occupancy, as set by local authorities.

Implementing a system where customers can wait inside their vehicles rather than a waiting room is strongly encouraged if possible. If this is not feasible, entities should develop public health and safety measures. Pre-scheduled and spaced out appointments are also encouraged.

In accordance with the guidelines from the President and the Centers for Disease Control and Prevention (CDC), every person and business in the State of Missouri shall abide by social distancing requirements, including maintaining six feet (6') of space between individuals. This provision shall not apply to family members or individuals performing job duties that require contact with other people closer than six feet (6').

Individuals performing job duties that require contact with other people closer than six feet (6') should take enhanced precautionary measures to mitigate the risks of contracting or spreading COVID-19.



PERSONAL CARE BUSINESSES

All businesses providing personal care services shall require the employees to wear a mask while providing services for which physical distancing is not possible and shall require customers, to the extent possible while receiving the service to wear a mask or other facial Cover

Must limit building occupancy to 25% of authorized fire or building code occupancy limits.

In accordance with the guidelines from the President and the Centers for Disease Control and Prevention (CDC), every person and business in the State of Missouri shall abide by social distancing requirements, including maintaining six feet (6') of space between individuals. This provision shall not apply to family members or individuals performing job duties that require contact with other people closer than six feet (6').



Implementing a system where customers can wait inside their vehicles rather than a waiting room is strongly encouraged if possible. If this is not feasible, entities should develop public health and safety measures. Pre-scheduled and spaced out appointments are also encouraged.

Individuals performing job duties that require contact with other people closer than six feet (6') should take enhanced precautionary measures to mitigate the risks of contracting or spreading COVID-19.

GENERAL BUSINESS/ OTHER

All other entities including places of Worship, Personal Care Services, Entertainment venues, Fitness and Dance Studios, Restaurants, Food Service, Bars, Medical Services and all other businesses not listed under Retail/General limits above

Must limit building occupancy to 50% of authorized fire or building code occupancy limits.

In accordance with the guidelines from the President and the Centers for Disease Control and Prevention (CDC), every person and business in the State of Missouri shall abide by social distancing requirements, including maintaining six feet (6') of space between individuals. This provision shall not apply to family members or individuals performing job duties that require contact with other people closer than six feet (6').

